



Cambridge University Badminton Club (CUBaC) Risk Assessment

Activity: All CUBaC badminton activities

Venue: Cambridge University Sports Centre (USC) and other sports halls.

Date completed: 12/05/2021

Completed by: Ben Wharton (President, Safety Officer, COVID-19 Officer)

Date for review: September 2021 or upon change of national COVID control measures

Hazard	Consequence	Control Measures	Risk after control measures
Sports hall - slips, trips, falls, collision	Injuries: Strains Cuts Bruises Eye Strain	<ul style="list-style-type: none"> • Ensure equipment not in use is safely & securely stored. • Ensure through routes & gangways remain clear. • Ensure ambient temperature remains comfortable • Ensure adequate lighting levels are maintained. 	Low
Court area - slips, trips, falls, collision	Injuries: Strains Cuts Bruises	<ul style="list-style-type: none"> • Ensure the court surfaces & court markings are in a suitable condition. • Ensure the court area remains suitably maintained in a clean & dry condition. • <i>(Courts should be swept clean of feathers & other debris as required)</i> • <i>(During multi-shuttle exercises shuttles must be cleared from the player's exercise area)</i> • <i>(Restrict fluids adjacent to court area)</i> • Ensure suitable free space is maintained between courts. • <i>(Maintain a clutter free area around courts).</i> • Ensure suitable free space is maintained to the rear of courts. • <i>(Prohibited spectator access if free space is limited).</i> 	Low
Net posts and cords - slips, trips, falls, collision	Injuries: Strains Cuts Bruises	<ul style="list-style-type: none"> • Ensure net posts and cords are in suitable condition. • Ensure nets are stable & suitably mounted. • Ensure net posts are correctly positioned. • Ensure net cords are adequately tied back. 	Low
Match play, including racquets and shuttles - slips, trips, falls, collision	Injuries: Strains Cuts Bruises Eye injury	<ul style="list-style-type: none"> • Suitable clothing & badminton footwear should be worn. • Provide adequate warm up time. • Limit number of persons on court. • Eliminate horseplay. 	Low
Fire	Major injury caused by fire	<ul style="list-style-type: none"> • Ensure familiarisation with the fire alarm & emergency procedures. • <i>(Alarm Escape Muster).</i> • Ensure evacuation routes are not blocked by equipment. 	Low
Aggressive behaviour	Major injury caused by physical attack	<ul style="list-style-type: none"> • Conciliatory approach. • Walk away. • Contact security. 	Low

COVID-19 risk mitigation measures

Based on the Badminton England template risk assessment.

Social Distancing and spread of COVID-19	COVID-19 transmission	<ul style="list-style-type: none"> • A COVID-19 Officer for every activity will be assigned. President and captains are always COVID-19 Officers, for matches the acting captain for the match is the COVID-19 Officer. • All players will be assigned to sessions to manage session numbers, and will be asked to confirm attendance on the online spreadsheet for NHS Test & Trace • No more than 24 people per half sports hall, 48 people per full hall) will be assigned to each session. This falls well within the USC's limit of 60 people per full hall, and also allows for social distancing in other sports hall venues. • Players will be assigned to a 'bubble' of maximum 16 players and cannot play outside of this bubble within a session, in accordance with Badminton England guidelines • Covid-19 officers to ensure social distancing guidelines and ensure anyone not playing on court must remain at least 2 metres from those playing and each other during both training and matches • During warm-up or fitness sessions, social distancing must be maintained • If using venue other than the USC where courts are very close together, use singles court only to maintain social distancing • No bodily contact, including handshakes and high fives • Social distancing to be observed before and after play - group socialising before and after play limited to group of 6 people/two households • Players advised to only attend if they do not have any symptoms of COVID-19. https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/ 	Medium
Use of equipment during session	COVID-19 transmission	<ul style="list-style-type: none"> • All players and coaches must bring their own equipment (racquet, shoes, kit) they need for the session • Players cannot share equipment • Players must only use their own racquet(s). • Sharing of shuttles - players reminded to have thoroughly washed their hands (in accordance with Government guidance) or use hand sanitiser immediately before and after play. This is also USC policy. • Players to only use shuttles from their designated playing group of 16 • Used shuttles will not be returned to the communal box as usual - instead they will be kept by individuals for warm-up purposes or discarded • No water bottles will be provided to share, players asked to bring their own water bottle, keep it in their bag, and not share (usual practice). • Equipment bags to be stored behind players playing court and at least 2 metres from the back of the court and any other players (usual practice). • No peg-board system will be used (usual practice) • Ensure participants take all their belongings with them at the end of the session • Session organiser to inform players not to use/touch equipment such as nets, posts or floor mops. If they do, hand sanitiser will be available • Nets will be set up and put down by USC staff (usual practice) 	Medium
Participant Activity	COVID-19 transmission	<ul style="list-style-type: none"> • Coach/captain will ensure session plan can be delivered in line with completed Risk Assessment • Coach/captains to communicate playing groups of 16 before session • Most sessions run by captains will be self-led (not coached) according to a training plan • If the coach/captain does any coaching which requires close communication with the players, this shall be done in a 1:15 coaching ratio in accordance with Badminton England guidelines. This will likely mean 1 captain is required for every group of 16. • Instruct participants to stay at home if they are displaying symptoms of COVID-19, have been in close contact with a 	Low

		person who has COVID-19 or have been tested for COVID-19, in accordance with government and university policy	
Increased risk to participants with underlying medical conditions and BAME groups	COVID-19 transmission	<ul style="list-style-type: none"> Share information about vulnerable groups (from NHS guidance) and this Risk Assessment with all club members before sessions start, allowing these participants to make an informed choice about attending sessions 	Medium
Travelling to session and possible site requirements	COVID-19 transmission	<ul style="list-style-type: none"> Must travel to venue by car either on own or with members of the same household only (most players travel by bicycle) If using public transport, they must ensure that face coverings are worn (most players travel by bicycle) Inform participants of the status of changing facilities and toilet facilities – recommend that players arrive changed and ready to play. Do not use the venue's changing areas 	Low
Entry and exit to building	COVID-19 transmission	<ul style="list-style-type: none"> Participants must arrive at the venue for the allotted start time of the session Participants must, on entry and exit from the facility, use the hand sanitizer gel to clean their hands when using the Hand Sanitizer station provided at the entry/exit point 	Low
Cross infection through Poor hygiene	COVID-19 transmission	<ul style="list-style-type: none"> USC to supply hand sanitiser and make available on entrance to the hall and back of courts – players to apply regularly through session Players to use hand sanitiser gel after touching the floor, for example after a fitness session Used shuttlecocks will be kept by individual players rather than returned to the communal box (see equipment section) First Aiders (USC staff) wash hands and arms before (during, if necessary) and after dealing with a first aid situation First Aiders (USC staff) wear appropriate protective clothing to stop personal contamination e.g. gloves and ensure its safe disposal or cleaning First Aiders (USC staff) avoid hand-mouth or hand-eye contact Disinfect equipment and after any first aid incident 	Low
Provision of first aid	COVID-19 transmission	<ul style="list-style-type: none"> First aid is provided by USC staff who will have their own risk assessment to mitigate COVID-19. 	Low

Appendix: BE guidance from 17th May 2021.

Step 3 – Permitted badminton activity from 17th May (subject to final Government confirmation)

Activity Type	Outdoor	Indoor
Social Play*	<ul style="list-style-type: none"> ✓ Permitted <ul style="list-style-type: none"> Singles & doubles Maximum group size of 30 	<ul style="list-style-type: none"> ✓ Permitted <ul style="list-style-type: none"> Singles & doubles Rule of 6 or two households
Organised group activity**	<ul style="list-style-type: none"> ✓ Permitted <ul style="list-style-type: none"> Singles & doubles Maximum group size 30; more than one group permitted Group coaching permitted (coach to player ratio 1:15) 	<ul style="list-style-type: none"> ✓ Permitted <ul style="list-style-type: none"> Singles & doubles Maximum group size 16; more than one group permitted Group coaching permitted (coach to player ratio 1:15)
1:1 Coaching	<ul style="list-style-type: none"> ✓ Permitted <ul style="list-style-type: none"> Adults & junior; no limit on number of clients in a day 	<ul style="list-style-type: none"> ✓ Permitted <ul style="list-style-type: none"> Adults & juniors; no limit on number of clients in a day
Competition	<ul style="list-style-type: none"> ✓ Permitted <ul style="list-style-type: none"> In line with maximum group sizes 	<ul style="list-style-type: none"> ✓ Permitted <ul style="list-style-type: none"> In line with maximum group sizes
Spectating & Supervising	<ul style="list-style-type: none"> ✓ Spectating permitted ✓ Must adhere to social distancing rules and social gathering limits (30 outdoors; six people/two households indoors); you may have more than one group of spectators but number must be aligned with maximum venue capacity 	
Travel	<ul style="list-style-type: none"> ✓ Permitted for sport and exercise (not restricted to local area) ✓ Travel to play badminton permitted; car sharing and overnight stays permitted in line with Government guidance 	
Social distancing/masks	<ul style="list-style-type: none"> Social distancing must be observed before and after play – group socialising before and after play limited to group of 30 	<ul style="list-style-type: none"> Social distancing must be observed before and after play – group socialising before and after play limited to group of six people/two households Masks to be worn when not participating in badminton activity

*Social play is defined as activity that is informal and self-organised

**Organised group activity is defined as activity formally organised by a qualified instructor, club, national governing body, company, or charity